

## Upper Left Abdominal Pain

Abdominal pain, more often than not, is caused due to gastric problems. However, there are also a number of other reasons for it. The stomach is divided into four quadrants viz. the upper left, upper right, lower left, and lower right abdominal area; in order to make studying and diagnosing diseases easier.

*Medications: Some drugs that deal with depression, antacids consisting of calcium or aluminum, iron supplements, allergy medications, certain pain relievers, some high blood pressure medications, diuretics, and some drugs used to treat Parkinson's disease can cause irregularity.*



*“ The encouraged (by my doctor and a gastroenterologist) therapies are even foggier: Consume a ton of fiber, down a good deal of water, work out and possibly we'll do a colonoscopy. Following doctor's directions did nothing to reduce my circumstances, while turning **constipation** and **diarrhea** were sacking my intestinal tract and self confidence.*

### Causes

Hard bowel movements can be very uncomfortable and may be triggered due to numerous reasons. Repercussions.

### Suffering from Hard Bowel Movements can Have a Number of Effects Such as Pain or Bleeding

It is crucial, for that reason, to recognize the reasons for the same. This way, timely treatment can be offered to take care of the condition before it gets worse. Hard Bowel Movements in Infants and Toddlers.

### Causes

Gastrointestinal perforation can occur due to colonoscopy, where the doctor examines the colon by inserting a camera. This procedure helps the physician to get rid of a few polyps in the walls of the colon to be tested for cancer. Colonoscopy treatment can lead to perforation of the large intestine. Other than this, medical neglect can also lead to perforated colon. The condition may also occur during an enema or due to piercing of the intestines by a colon hydrotherapist.

Prior to the treatment of post cholecystectomy syndrome, a thorough diagnosis of the problem is a must. An open discussion between the patient and the doctor is needed and is followed by a series of laboratory tests such as X-rays, blood test, CT scans, etc. The treatment is then based upon the underlying problem. **IBS** is often treated with suitable medicines that can cool down the unusual contraction in the bowel. IBS related constipation can be eliminated with the inclusion of dietary fiber.

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*Senior Citizens and Constipation Although everyone experiences constipation at times, seniors have the tendency to experience it more often. Constipation specifically explains a sign of some underlying cause characterized by less regular bowel movements, more time required to pass...*

### One can Get Relief from Diarrhea With Cholestyramine Medications

GERD symptoms are controlled with proton pump inhibitors that can reduce the level of stomach acid. It is often combined with antacids, which are equally effective for this purpose. These patients have to follow a proper diet that includes fresh fruits, vegetables and lean proteins. Patients have to cut down on fatty foods particularly saturated fats. Processed foods, refined carbohydrates and sugary foods are not good for them. In particular cases, the doctor may perform another surgery to ensure proper drainage of the bile juice.



DiarrheaIbsNauseaIrritable Bowel SyndromeConstipation

*Started going over as much as I could on the topic and came across a lot of advice, some of it substantially opposed to what my doctor was advising.*

### Couple of Months Back While Holiday in Mexico I Met With My Girl a Fantastic Lady

One talk lead to another and the female revealed us that today we would have met her husband, which happened to be from Italy, like me. A handful of minutes later a man showed up towards us, we stated hi, started speaking about our journey in the US and after a few beats the gentleman asked me: "were you hit by a drunk driver several years ago in Italy?". The minute he discussed this I started seeing his face, he went on "I was the doctor on the trauma center, I recall removing morsels of gravel from your knee for hours!". I might not think it, so many years had in fact gone by, he took terrific care of me long in the past, we ended up travelling to the same land where later on I uncovered he took care of a few of buddies of mine!

*Apart from these, Shingles (Herpes Zoster), food poisoning, bowel inflammation, or tumor are the other possible causes of upper left abdominal pain.*

### Treatment

Physical examination, X-ray, or CT scan are the effective approaches that help in diagnosing the underlying health condition. The doctor will also encourage the individual to undertake blood and urine tests. The treatment depends on the cause and varies appropriately. The doctor will prescribe medication and related treatment option.

### Abnormal Colonic Transit Time

Colonic transit time is the amount of time the ingested food spends in the large intestine before it is finally thrown out of the body. If the colonic time is less than regular (which means that the food does not remain for long in the large intestine), then it can cause green defecation.

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