

# Probiotics help in the improvement of the gastrointestinal functions

**I**BS the acronym for **Irritable bowel syndrome** can not be termed as a disease in itself. It is rather a disorder associated with the bowel movements which arises due to improper functioning of the digestive system. It may also be connected to the nervous system being quite sensitive. Another factor may be the way in which all these functions are controlled by the brains.

## Coughing

Coughing or sneezing too hard sends jerks that travel all the way down to the ribs. Depending upon the intensity of the jerk, it can cause a crack or a minor bruise in the specific part of the rib cage. Rib fractures have actually been reported after regular episodes of coughing in people suffering from pneumonia or severe cold.

- After cleaning the colon, bowel dysfunctions are eliminated, and the colon resumes its normal defecation.
- The body is healed from within.
- The medicinal properties of aloe restore the peristalsis of the intestines, thereby curing the irritable bowel syndrome (IBS).
- IBS does not respond to other medications or treatment methods.
- Hence, aloe enema is the only solution to this problem.

## Treatment: Treatment Aims At Minimizing the Underlying Cause

So, it is essential that the underlying factors be diagnosed correctly to initiate the treatment in the right direction. However, if the cause can not be selected, the doctor might carry out a surgery to remove the enlarged spleen.

## Phantom Pain

Some people may face minor discomfort attacks from time to time in the long run. However, most people have said this pain is nothing like the pain attacks before the surgery. Some may even face moderate cramping.

## Place of Hepatalgia

The reason liver pain is difficult to locate is due to the fact that of the area where it is located. As mentioned earlier, the liver is located in the upper-right quadrant of the abdomen, just below the chest. So, when one experiences hepatalgia, it is often confused as kidney discomfort, abdominal pain, or neck and back pain.



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