

# Perforated Bowel Causes

**S**ometimes, either due to some traumatic injury or due to certain health problems, a small hole or gap can form in the walls of either the large intestine, the small intestine or the stomach. What occurs due to this is that the food or perhaps the stool might pass on to the abdomen, thus resulting in perforated bowel. This can also lead to blood poisoning and swelling of the abdomen, and if this issue is not treated immediately, then it may also prove fatal. In this article, you will come across the perforated bowel causes in addition to their signs and treatments.



## Reasons for Stomach Problems

Gas is a common by-product of digestion procedure. It originates from high-fiber fruits and vegetables. Sometimes, gas also forms due to swallowing too much of air while eating or talking. This gas is generally responsible for bloating and sometimes, also causes stomach pain. Upset stomach, on the other hand, is the outcome of irritable bowel syndrome (IBS). It refers to a condition, where there is no normal passage of stool. This condition is close to diarrhea, as the person often passes frequent watery stools. Constant indigestion shows that there is something wrong with the foods that you eat, and that there is no proper digestion. Constipation describes hard stools that are difficult to pass. It is something that can directly affect the quality of life of a person by making him prone to various conditions.

*Call your doctor if you come across the symptoms of irritable bowel syndrome or if you deal with any change in the defecation that does not go away.*

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*The Best Treatment For IBS - Curing IBS With A Change In Diet Irritable Bowel Syndrome, whilst not life threatening, can be debilitating. People can suffer different symptoms and experience different degrees of discomfort. There is no one-off miracle remedy; nevertheless many people react well to treatments,...*

This article has been written and posted by a health consultant working at [bookmydoctor.com](http://bookmydoctor.com), who also provides free of cost consultancy to patients and advise to search and find, irritable bowel syndrome treatment By visiting the site, patients can look for irritable bowel syndrome diet and the best ways to treat irritable bowel syndrome to get their appropriate treatment.

## Ovarian Cysts

Navel pain in women can occur due to the presence of ovarian cysts. A cyst is a pouch like structure which contains the body fluids. Cysts are considered as unusual fluid filled structures due to the fact that they are not part of any body tissues. The ovaries found near the uterus are an integral part of the female reproductive system. Development of ovarian cysts, initially may not cause any discomfort, but if these fluid filled sacs burst, patients typically grumble about discomfort around belly button.

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