

# Disorders of the Large Intestine

**V**ital part of the digestive system, the large intestinal tract has to do with 5 feet long and 3 inches broad. It performs the function of eliminating waste product from the body. It includes cecum, colon, and the rectum. Cecum is a tube-like structure into which the ileum (the part of the little intestinal tract that is located between the jejunum and the cecum) opens, and from which the large intestine starts. So, the large bowel extends from the ileocecal junction to the rectum. The colon is additionally divided into 4 sections: rising colon, transverse colon, coming down colon, and the sigmoid colon. The anus is the terminal section of the large intestine. If any of the sections of the colon get harmed or irritated due to injury or infections, it can trigger health problems. Details about some of the common conditions that affect the colon is given in the following areas.



## Ulcerative Colitis

Ulcerative colitis is a persistent inflammatory bowel disease that is defined by the formation of ulcers and inflammation of the colon. It generally affects the sigmoid colon and the anus. The exact reason for this condition is unknown. The signs of ulcerative colitis include stomach discomfort, blood in stool, tiredness, weight loss, fever, rectal discomfort, *diarrhea* (with blood or pus), etc.

## Stomach Ulcers are Likewise Treated With Licorice

The herb is said to be useful for dealing with conditions, like Crohn's disease, irritable bowel syndrome, ileitis, and fatigue syndrome. Licorice is utilized to treat sore throat, bloating and acidity, menstrual cramps, and symptoms of menopause. It is said that intake of licorice boosts the body immune system, consequently avoiding viral infections. So, this herb is used for dealing with viral hepatitis and genital herpes. It is likewise recommended that licorice can reduce LDL cholesterol and prevent arteriosclerosis. This herb is also utilized for treating skin conditions, like eczema, dermatitis, and psoriasis.

## Neck and Back Pain

Pain in the flank area may also be because of an activity that demands intense physical exertion, consequently leading to a strained flank location. Those diagnosed with intense back pain troubles might experience a stretch between the back and the stomach. Besides, an individual diagnosed with a slipped disc is likely to complain of pain on the sides of the ribs. The discomfort might be experienced on one side; nevertheless, the feeling might radiate to the other end, as well.

## Causes

Kidney Diseases.

## Kidneys are Vital Organs Found in the Pelvic Area

Any injury, injury, abnormal performance of the kidney leads to kidney illness, and subsequently, discomfort in the waist. Kidney infection and kidney stones are the significant causes of discomfort that develops in the lower abdominal area and journeys to the lower back. Kidney stones are formed when excess uric acid or calcium gets kept in your body.

## The Objective of Bowel Treatment is to Ease the Signs

There is no substantial test to diagnose **IBS**. Most of the time doctors identify IBS according to the signs and symptoms. In some cases, tests are conducted to eliminate other problems or illness. Lifestyle change and adapting a better diet is the reliable treatment to conquer the bowel movements. However, no specific diet plan is recommended for IBS as the signs vary from a single person to another. However make certain, you do not take caffeine, tea or soda pops as they stimulate the intestinal tracts. Avoid large diet plans and consist of fiber in diet so regarding handle constipation.

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